

Codex Alimentarius and Aromatherapy

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The USA adopted Codex Alimentarius as the law of the land in June 2006. Codex Alimentarius is on schedule to completely eliminate all natural therapies including aromatherapy and the sale of essential oils by December 31, 2009. For current information about Codex Alimentarius, I recommend you check out the Natural Solutions Foundation website [Health Freedom USA](#) on a regular basis.

A paradigm shift away from offering alternative medical and psychological care is needed to resolve the issues raised by Codex Alimentarius. Whatever the solution, it must comply with new FDA laws being implemented to protect large pharmaceutical, food processing and chemical company profits.

The problem is aromatherapists don't take Codex Alimentarius seriously and they absolutely believe they can continue to practice medicine, massage therapy and psychotherapy without a license with impunity. I believe they're wrong for several reasons:

- 1) Licensing boards are already summoning aromatherapists to hearings on charges of practicing medicine, psychology or massage therapy without a license. Failure to appear at these hearings is usually a felony and leads to an early arrest. Appearing without a good attorney can lead to heavy sanctions. Negotiating a settlement usually means giving up part of your business.
- 2) Other alternative health care professionals are facing similar problems. Unlicensed naturopaths, homeopaths, hypnotists and biofeedback therapists are being summonsed to medical and psychology licensing board hearings at record levels. The process can take months and the loss of income may never be recovered even if the defendant is innocent of the charges.
- 3) Poultry raisers are required to inoculate their animals with high levels of antibiotics or face heavy fines.
- 4) Ranchers are required to inject their animals with high levels of growth hormone or face heavy fines.
- 5) All imported foods are required to be gamma radiated at enzyme-killing and bacteria-killing levels.
- 6) Large farmers are required by law to spray toxic levels of pesticides on their crops.

7) Food manufacturers may now legally add toxic chemicals to foods to enhance our appetites, cover up the taste of moldy and rotting foods, kill viruses, fungi and molds and not mention this in their advertising or on their labels.

8) Food processors may now legally spray live viruses on processed foods without informing the public even though the toxins created by these viruses may be harmful to humans.

9) Pharmaceutical companies make huge profits they partially use to put natural products manufacturing and distributing companies out of business.

If you don't believe these things, please read the documentation available on the Internet. One place to start is [Health Freedom USA](#) but there are hundreds of other sites where this information is available.

The question is not: "Is this true? But "How are we going to cope with this situation?"

The answer is a shift in paradigm, a shift away from the way we normally do business. This shift we must not compete directly with large pharmaceutical and chemical company markets. More than that, it must fit into the current US and Canadian laws as enforced by the FDA and Health Canada. This can be done by finding a niche safe from big pharmaceutical and chemical companies, and which both the FDA and Health Canada either accept or don't regulate.

Pharmaceutical and chemical companies have little interest in business ventures that do not involve synthetic or man-made drugs. They have historically shown little interest in the five areas we consider next. Under both FDA and Health Canada regulations, these five areas may be used for this paradigm shift:

- 1) First Aid
- 2) Stress Management
- 3) Pain Management
- 4) Improved Quality of Life
- 5) Peak Performance

Fortunately, essential oils are extremely effective in these five areas. The next part of our new approach to using essential oils is to stay under the radar of state and provincial licensing boards. This is done by eliminating all language that indicates we are diagnosing, analyzing, evaluating, assessing or judging any medical or psychological illness, condition, disorder or disease; and we are not cautioning, recommending, suggesting, admonishing, advising, advocating, informing, reporting or counseling any person regarding any medical or psychological illness, condition, disorder or disease.

Fortunately, aromatherapy coaching does exactly this. By learning how to become an aromatherapy coach we learn how to become a truly professional person thriving in a hostile competitive environment.

Because of these concerns, NTCB is adopting this new approach to certifying aromatherapy professionals.

[The Aromatherapy Certification Blueprint](#)

[The Aromatherapy Coach Workshops](#)

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